Inspiring Children of today to be Champions of tomorrow

Name:

Class:

Please note that you will be sponsoring the fundraiser for the entire circuit rather than each repetition

Name	Sponsor Contact Details	Total Amount Sponsored (£)	Signature
(Please make cheques payable to the school)	**Total Raised: £**		

Please only get "Safe Sponsors". Safe Sponsors are family and family friends. Do not ask strangers for sponsorship teacher!

Challenge

1. Spotty Dogs (good for coordination) 2. Leg Drives (lower body & core strength)
3. Press Ups / Half Press Ups (upper body conditioning) 4. Star Jumps (gentle warm down exercise)

To complete as many repetitions as you can of each exercise for 1 minute. You will be motivated and encouraged by your celebrity GB athlete. Following the activities, you will gather for an exciting power point assembly with the athlete. You will be learning about healthy living, healthy eating and the **FOUR Key Elements** associated with **SUCCESS**, *team work, responsibility, communication and creativity*. Your athlete will demonstrate their sport and finish with a Q&A session.

Where does the money go?

After admin costs;
School: 60% raised will be going back to your very own **school.**
Sports For Champions: 40% to GB International hopefuls from different sports, to help fund their travelling costs, medical expenses etc as they train 35+ hours a week and don't have any regular income or any time to earn a living! This is how Sports For Champions help our athletes compete for Great Britain.

£5-14:99 Receive a postcard photo of their GB athlete.

£15-£34.99: Receive a signed poster of their GB athlete.

£35 or more: Receive an autographed instant photo of themselves and their GB athlete, presented in a keepsake wallet.

Engraved Trophy: Trophy will be awarded to the class that has worked as a team and raised the most sponsorship.

Can you kindly return this sponsorship form and money as soon as possible before the event. This is because we are only in the area for the day to issue the rewards to say thank you for your hard work fundraising.