



Friday 11th May 2018,

Dear Parents/Carers,

Firstly, I just wanted to write to you all to say how immensely proud I am of your children. During these past four weeks (when we started the early morning sessions & extra homework tasks) they have shown great resilience, determination, effort and have still managed to keep a smile upon their faces whilst doing so. As SATs week is finally upon us here is a final update to you all so that you can continue to support your child at this time.

'BREAKFAST CLUB'

Every day next week, year 6 children are welcome to come in from 8:15am, to sit together to have their breakfast in the staff room. This has proved helpful in the past as the children tend to be more relaxed and less stressed when they're chatting with their friends etc.

Timetable of Tests:

- MON 14th – English grammar, punctuation & spelling
paper 1: questions (45 mins)
- English grammar, punctuation & spelling
paper 2: spelling (15 mins)
- TUES 15th – English, reading paper (60 mins)
- WED 16th – Maths – paper 1: arithmetic (30 mins)
- Maths – paper 2: reasoning (40 mins)
- THUR 17th – Maths – paper 3: reasoning (40 mins)

On Friday 18th May we will be having a class treat where we will take the children to St. Ives for a well-earned 'day of fun', please can you send your child with a packed lunch on this day.

Hopefully all of the above information keeps you up to date with everything that's happening next week. Over the page are a few hints & tips that I would be grateful if you took some time to share with your child too:

TOP TIPS for SATs week

- Be CONFIDENT

If you BELIEVE you will do well, then more often than not you will. Keep believing in yourselves!

- Be as RELAXED and as CALM as possible

You've all worked so hard and done as much preparation as you can so now is not the time to feel 'stressed' or 'anxious'. At the end of the day you're only taking some tests which we have practised so there is nothing to fear!

- Be RESILIENT

There are questions within all the tests that are challenging (even for teachers & politicians!) so don't beat yourself up if you can't do any of them. Simply keep calm, leave it out and move on to the next one(s) and feel good about all the ones you can do.

- Be FOCUSED

SATs tests often include questions that are 'trying to trick' you. If you are fully concentrating throughout, read each question carefully and use all of the time given to you wisely to check back through carefully, hopefully you won't be tricked!

- Be HAPPY

'Laughter is the best medicine' is a phrase that I often hear and this weekend particularly is a time to have fun, stay positive and this will help with all the other things I've mentioned earlier.

Below is something I found online that may also be useful:

1. Let your child know that **they can only do their best** – this is a powerfully positive message that tells your child you are expecting their best effort, but no more.
2. Talk about a time in the past when you did a test or exam and how you coped or didn't cope – the important thing here is **perspective** – to show your child that whatever the outcome, you moved past it and it was a small part of your long and illustrious life!
3. Acknowledge that SATs can be stressful, especially this year because things are changing but everyone else in Year 6 this year is in the same boat. They are all **going through it together**.

Thank you for your continued support, I hope you all have a relaxed and positive weekend and I look forward to seeing all the children bright & early on Monday morning, after a good night's sleep.

Kind regards,

Mr Weston