

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| MEAT MAIN DISH | Meatballs in a tomato sauce with spaghetti | Chicken and Vegetable Pie | Pizza of the Day | Roast Chicken with Stuffing | Fish of the day with chips |
| VEGETARIAN MAIN DISH | Vegetarian shepherd's pie | Vegetable Hot Pot | Pizza of the Day | Macaroni Cheese | Loaded Potato Skins |
| ACCOMPANIMENTS | Seasonal vegetables Salad bar | Seasonal vegetables Salad bar | Seasonal vegetables Salad bar | Seasonal vegetables Salad bar | Seasonal vegetables Salad bar |
| DESSERTS | Fruit Crumble and custard | Chocolate crunch | Rice pudding with fruit compote | Apple Flapjack | Fruit and ice cream |
| FRESH FRUIT & YOGHURT | Fresh fruit and yoghurt | Fresh fruit and yoghurt | Fresh fruit and yoghurt | Fresh fruit and yoghurt | Fresh fruit and yoghurt |
| JACKET POTATO & PANINI SELECTION | Jacket potato and Panini selection | Jacket potato and Panini selection | Jacket potato and Panini selection | Jacket potato and Panini selection | Jacket potato and Panini selection |



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION