

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Beef Burger in a Bun	Beef Lasagne with Garlic Bread	Pizza of the Day	Roast Pork with Stuffing	Fish of the day with chips
VEGETARIAN MAIN DISH	Quorn Burger in a Bun	Vegetable Pasta Bake	Pizza of the Day	Roast Quorn with Gravy	Quorn Nuggets
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Carrot Cake	Apple and Sultana Roll	Eton Mess	Fruit Pie and Custard	Artic Roll
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & PANINI SELECTION	Jacket potato and Panini selection	Jacket potato and Panini selection	Jacket potato and Panini selection	Jacket potato and Panini selection	Jacket potato and Panini selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION