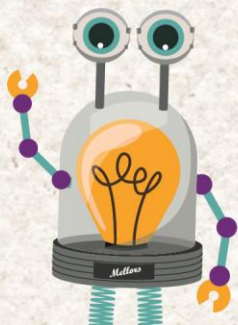


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Meatballs in a tomato sauce with spaghetti	Mince Beef and Onion Pie	Pizza of the Day	Roast Chicken with Stuffing	Fish of the day with chips
<b>VEGETARIAN MAIN DISH</b>	Vegetarian shepherd's pie	Vegetable Hot Pot	Pizza of the Day	Roast Quorn with Gravy	Loaded Potato Skins
<b>ACCOMPANIMENTS</b>	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
<b>DESSERTS</b>	Fruit Crumble and custard	Chocolate crunch	Rice pudding with fruit compote	Apple Flapjack	Fruit and ice cream
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATO</b>	Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION