

5
A DAY

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- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Primary HOT MEAL	Meatballs, with Penne Pasta	Chicken pie with Steamed Potatoes	Chef's pizza with Potato Wedges	Chicken, Roast Potatoes, Vegetables & Yorkshire Pudding	Fish Fingers with Chunky Chips
Vegetarian Alternative	Quorn Meatballs, with Penne Pasta	Quorn Chicken pie with steamed potatoes		Quorn, Roast Potatoes, Vegetables & Yorkshire Pudding	Quorn Nuggets with Chunky Chips
Accompaniments 	Garden Peas	Mixed Fresh Vegetables	Sweetcorn	Steamed Mixed Fresh Vegetables	Baked Beans
Sandwich option	Cheese or Tuna Sandwich	Tuna or Cheese Wrap	Cheese or Tuna Sandwich	Tuna or Cheese Wrap	Cheese or Tuna Sandwich
Primary Jacket Potato Fillings	Cheese Or Tuna Mayo	Baked Beans, Cheese Or Tuna Mayo	Cheese Or Tuna Mayo	Cheese Or Tuna Mayo	Baked Beans, Cheese Or Tuna Mayo
Dessert Choice	Ice Cream, Yogurt or Fruit	Chocolate Crunch, Yogurt or Fruit	Iced Bun, Yogurt or Fruit	Crunchy Flapjack, Yogurt or Fruit Yogurt	Fruity Jelly, Yogurt or Fruit
Drinks	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water



MENU