



**5** A DAY **5** A DAY - 1 OF YOUR 5 A DAY

- CHEF'S CHOICE

BE A HIGH-FLYER.  
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Primary HOT MEAL</b>	Hot dogs & Jacket Wedges	Cottage Pie	Chef's Pizza with Potato Wedges	Chicken, Roast Potatoes, Vegetables & Yorkshire Pudding	Battered Fish with Chunky Chips
<b>Vegetarian Alternative</b>	Quorn Sausage Hot Dog & Jacket Wedges	Quorn Cottage Pie		Quorn, Roast Potatoes, Vegetables & Yorkshire Pudding	Quorn Nuggets with Chunky Chips
<b>Accompaniments</b> 	Baked Beans	Garden Peas	Sweetcorn	Fresh vegetables	Baked Beans
<b>Sandwich Option</b>	Cheese or Tuna Sandwich	Tuna or Cheese Wrap	Cheese or Tuna Sandwich	Tuna or Cheese Wrap	Cheese or Tuna Sandwich
<b>Primary Jacket Fillings</b>	Baked Beans, Cheese Or Tuna Mayo	Cheese Or Tuna Mayo	Cheese Or Tuna Mayo	Cheese Or Tuna Mayo	Baked Beans, Cheese Or Tuna Mayo
<b>Dessert Choice</b>	Ice Cream, Yogurt or Fruit	Shortbread, Yogurt or Fruit	Angel Delight, Yogurt or Fruit	Chocolate bun, Yogurt or Fruit	Ginger biscuit, Yogurt or Fruit
<b>Drinks</b>	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water



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