

## **Harden Primary School**

### **Policy Statement for Personal, Social, Health and Citizenship Education** Including sex, relationships and drugs education

#### **STATUS – STATUTORY POLICY – FGB APPROVAL**

#### **DEFINITIONS**

The school's definition of PSHCE is physical, mental, social, creative and spiritual well being. An important aspect of education is to make children feel good about themselves as they grow towards adulthood. When people feel positive about themselves, they are less likely to be exploited and are less likely to exploit others.

In creating a safe environment, the governors do not condone the use/misuse or supply of legal substances such as alcohol, medicines and solvents or illicit substances and will take seriously any attempt to do so. Procedures for dealing with suspicions about substance misuse are identified in the guidelines for this policy.

In partnership with others, the school has a responsibility for preparing pupils for the opportunities, responsibilities and experiences of life. We feel it is important to help children feel secure about the emotional and physical changes which take place as they grow towards adolescence and to develop the necessary skills and positive attitudes for supportive relationships now and as adults. The school therefore addresses sex and relationships education within its Personal, Social, Health and Citizenship programme.

#### **AIMS**

- To raise an awareness of the importance of a healthy lifestyle
- To provide a supportive atmosphere, in which concerns can be discussed, questions asked and experiences shared.
- To encourage and develop self-esteem, self respect, self worth and positive self-images
- Appreciate that having freedom involves accepting some responsibility
- To value the differences between people and the needs of self and others
- To make PSHCE a whole school responsibility, working in collaboration with parents and the wider community
- To develop skills such as those to enable the sharing of feelings and opinions, risk awareness, making informed decisions, getting help and understanding the needs of others
- To provide accurate balanced information using appropriate language in order to keep ourselves and others safe and healthy

- To provide reassurance that the physical and emotional changes which take place as children grow towards adolescence and adulthood are normal and acceptable
- To help children understand they have rights and should have control over who touches their bodies
- To develop a sense of citizenship and understanding of how society helps individuals and the contributions which individuals can make to society
- To develop an appreciation of stable and caring relationships
- To develop an informed appreciation of people's beliefs, attitudes and values, also respecting others whilst challenging stereotypes
- To provide positive role models

OBJECTIVES: **Broadly how the aims will be achieved**

- By providing knowledge and understanding about physical, emotional, social, spiritual and creative changes which occur as pupils grow towards puberty and adulthood  
(see schemes of work for PSHCE, science, PE and literacy and anti-bullying strategies)
- By developing an awareness of the effects of people's actions and an acceptance of responsibility for their own actions (school council)
- By offering a range of learning styles and experiences using flexible group work in order to provide and practice decision making techniques and to develop problem solving and inter-personal and communication skills (see schemes of work for PSHCE, literacy, drama, role play, numeracy and school council)
- By ensuring all pupils have equal access to the whole curriculum (see Equal Opportunities and PSHCE policies)
- By acknowledging behaviour, academic and social achievement through a reward system including valuing contributions and praising achievements (see Behaviour and Discipline policy) (achievement assemblies, rewards, displays, etc)
- By providing a spiral curriculum which is age appropriate for the whole school (see schemes of work, eg science, RE, PE)
- By providing information about how the body works and the effects on it of unsafe activities and substances, with due regard to health and safety (see schemes of work)
- By providing pastoral support to pupils and appropriate liaison with parents and other outside agencies (see workshops for staff, governors and parents; use of school nurse; police liaison officer, Life Education Programme)

- By creating opportunities for pupils to talk to others and reflect on their own attitudes and values and those of others (*see schemes of work for PSHCE, RE, literacy, circle time*)
- By identifying named people to oversee aspects of the PSHCE policy
- By offering role models who value caring relationships and healthy lifestyles (*no smoking policy*)
- By identifying and meeting the professional development needs of all staff with a shared understanding about appropriate confidentiality (*see performance management, role of subject co-ordinator, Inset, etc*)
- By involving all appropriate staff in the production and dissemination of the PSHCE policy (*staff meetings, support staff meetings, lunchtime supervisor meetings*)
- To encourage parental involvement including provision of workshops on curriculum issues to encourage understanding and support (*school prospectus, Governors' Annual Report, consultation evenings*)

## Key Personnel

P.S.H.C.E. Co-ordinator  
Drugs Education Coordinator  
Named Person for Child Protection  
Governor with Responsibility for Child Protection  
Governor with Responsibility for Drugs Education

Policy Approved (date) .....
Signed ( Governor) .....
Date of Review .....